



SAKYA INSTITUTE FOR BUDDHIST STUDIES

59 Church Street, Unit 3 Cambridge, MA 02138

www.sakya.net

Registration is required by email (sakyainstitute8@gmail.com)

Complete schedules are available on sakya.net/classes

		Time	Requirement
Mangalam Yantra Yoga Level 4	January	19th, 26th; 6.30 - 9.30 pm	Open only to participants of Yantra Level 4 in 2016
Meditation and Tara Puja	February	5th, 12th, 19th, 26th; 10 am - 12 pm	Open to public
Mangalam Yantra Yoga Level 4		9th, 16th, 23rd; 7 - 9 pm	Open only to participants of Yantra Level 4 in 2016
Mangalam Yantra Yoga Level 4 Green Tara Weekend Retreat	March	2nd, 9th, 16th, 23rd, 30th; 6.30 - 9.30 pm	Open only to participants of Yantra Level 4 in 2016
Meditation and Tara Puja		26th; 12.30 - 4 pm	Open to public; suggested donation: \$50/day
Meditation and Tara Puja	April	5th, 12th, 19th, 26th; 10 am - 12 pm	Open to public
Mangalam Yantra Yoga Level 2		2nd, 9th, 16th, 23rd, 30th; 10 am - 12 pm	Open to public
Mangalam Yantra Yoga Level 5		11th, 18th, 25th; 7 - 9 pm	Registration required and complete Yantra Level 1. Also open to those who have done Level 2 and would like to repeat
Mangalam Yantra Yoga Level 2	May	13th, 20th, 27th; 7 - 9 pm	Registration required and complete Yantra Level 4
Mangalam Yantra Yoga Level 5		2nd, 9th, 16th, 23rd, 30th; 7 - 9 pm	Registration required and complete Yantra Level 1. Also open to those who have done Level 2 and would like to repeat
Mangalam Yantra Yoga Level 1		4th, 11th, 18th, 25th; 7 - 9 pm	Registration required and complete Yantra Level 4
Meditation and Tara Puja		26th; 7 - 9 pm	Registration required
Medicine Buddha Empowerment and Sadhana Instruction		7th, 21st, 28th; 10 am - 12 pm	Open to public
Mangalam Yantra Yoga Level 2	June	13th, 14th; 12 - 4 pm	Open to public; \$50/day
Mangalam Yantra Yoga Level 5		6th, 13th, 20th, 27th; 7 - 9 pm	Registration required and complete Yantra Level 1. Also open to those who have done Level 2 and would like to repeat
Mangalam Yantra Yoga Level 1		1st, 8th, 15th, 22nd, 29th; 7 - 9 pm	Registration required and complete Yantra Level 4
Medicine Buddha Empowerment and Sadhana Instruction		2nd, 9th, 16th, 23rd, 30th; 7 - 9 pm	Registration required
Mangalam Yantra Yoga Level 2	July	10th and 11th; 12 - 4 pm	Registration required; \$50/day; Empowerment on 10th is required.
Mangalam Yantra Yoga Level 5		11th, 18th, 25th; 7 - 9 pm	Registration required and complete Yantra Level 1. Also open to those who have done Level 2 and would like to repeat
Mangalam Yantra Yoga Level 1		6th, 13th, 20th, 27th; 7 - 9 pm	Registration required and complete Yantra Level 4
Common Vajrayogini Empowerment and Vajrayogini Weekend Retreat		7th, 14th, 21st, 28th; 7 - 9 pm	Registration required
Shamshanapati Empowerment		15th, 16th; 12 - 4 pm	Common Vajrayogini Empowerment from Naropa Lineage; \$50/day
Meditation and Tara Puja		15th; 6.30 - 9.30 pm	Common Vajrayogini Empowerment from Naropa Lineage; \$50
Alaya Level 1: WA to Laya Yoga - Meditation A to Z according to Mahasiddha Gorakshanath, the founder of Hatha Yoga		9th, 16th, 23rd, 30th; 10 am - 12 pm	Open to public
Alaya Level 2: Alaya to Mahamudra - Meditation A to Z according to Mahasiddha Virupa, the founder of Marghaphala	29th; 12 - 4 pm	Registration required; \$50	
Meditation and Tara Puja	August	30th; 12 - 4 pm	Registration required; \$50
Mangalam Yantra Yoga Level 1		6th, 13th, 27th; 10 am - 12 pm	Open to public
Mangalam Yantra Yoga Level 2	September	4th, 11th, 18th; 7 - 9 pm	Registration required
Mangalam Yantra Yoga Level 5		26th; 7 - 9 pm	Registration required and complete Yantra Level 1. Also open to those who have done Level 2 and would like to repeat
Mangalam Yantra Yoga Level 1		28th; 7 - 9 pm	Registration required and complete Yantra Level 4
Medicine Buddha Weekend Retreat		8th, 15th, 22nd; 7 - 9 pm	Registration required
Meditation and Tara Puja		9th, 10th; 12 - 4 pm	Attendance on Sept 9th is required; \$50/day
Mangalam Yantra Yoga Workshop with David Magone		3rd, 10th, 17th, 24th, 31st; 10 am - 12 pm	Open to public
Mangalam Yantra Yoga Level 2	October	29th - October 1st	Open to public; Attendance on Sept 29th (Green Tara Empowerment with Lama Migmar is required).
Mangalam Yantra Yoga Level 5		3rd, 10th, 17th, 24th, 31st; 7 - 9 pm	Registration required and complete Yantra Level 1. Also open to those who have done Level 2 and would like to repeat
Mangalam Yantra Yoga Level 1		5th, 12th, 19th, 26th; 7 - 9 pm	Registration required and complete Yantra Level 4
Meditation and Tara Puja		6th, 13th, 20th; 7 - 9 pm	Registration required
Mangalam Yantra Yoga Workshop with David Magone		8th, 15th, 22nd; 10 am - 12 pm	Open to public
Manjushri Retreat for Wisdom	27th - 29th	Open to public; Attendance on Sept 29th (Green Tara Empowerment with Lama Migmar is required).	
Avalokitesvara Retreat for Compassion	14th; 12 - 4 pm	Open to public; \$50	
Mangalam Yantra Yoga Level 2	November	15th; 12 - 4 pm	Open to public; \$50
Mangalam Yantra Yoga Level 5		7th, 14th, 21st, 28th; 7 - 9 pm	Registration required and complete Yantra Level 1. Also open to those who have done Level 2 and would like to repeat
Mangalam Yantra Yoga Level 1		2nd, 9th, 16th, 30th; 7 - 9 pm	Registration required and complete Yantra Level 4
Meditation and Tara Puja		3rd, 10th, 17th, 24th; 7 - 9 pm	Registration required
The Four Noble Truth Weekend Retreat		5th, 12th, 19th, 26th; 10 am - 12 pm	Open to public
Uncommon Vajrayogini Weekend Retreat		19th; 12 - 4 pm	Open to public
Vajrapani Bhutadamara Retreat for Power		4th, 5th; 12 - 4 pm	Uncommon Vajrayogini Empowerment from Naropa Lineage; \$50/day
Mangalam Yantra Yoga Level 2	December	11th, 12th; 12 - 4 pm	Open to public; \$50/day; Empowerment on Saturday is required.
Mangalam Yantra Yoga Level 5		5th, 12th; 7 - 9 pm	Registration required and complete Yantra Level 1. Also open to those who have done Level 2 and would like to repeat
Mangalam Yantra Yoga Level 1		7th, 14th; 7 - 9 pm	Registration required and complete Yantra Level 4
Meditation and Tara Puja		1st, 8th, 15th; 7 - 9 pm	Registration required
Green Tara Weekend Retreat		3rd, 10th; 10 am - 12 pm	Open to public
Ghantapada Shri Chakrasamvara Body Mandala Weekend Retreat		3rd; 12 - 4 pm	Open to public; \$50/day; Empowerment on Saturday is required.
Fulfilling 400,000 Green Tara Mantra Commitment		9th, 10th; 12 - 4 pm	Ghantapada Shri Chakrasamvara Body Mandala Empowerment; \$75/day
Fulfilling 400,000 Green Tara Mantra Commitment (Weekend)		4th, 6th, 11th, 13th; 7.30 - 9 pm	Green Tara Empowerment; \$5 - \$10/day
Year End Vajrayogini Shingo Jezin (Rite to Guide the Deceased to the Pureland of Dakini)	16th; 12 - 4 pm	Green Tara Empowerment; \$20 - \$50/day	
		17th; 1 - 5 pm	Lama Migmar will perform the ritual by himself. If you would like to support, please fill out the attached form.